

When constructing my portrait, I chose my Instagram profile picture to be the primary image that the self-portrait focuses on. Pictures like this, that I post on social media, are often the way that I try to convey myself to the people around me. Additionally, during this transition in my life from high school to college, one of the biggest things that I have struggled with and let consume me is comparing my college life to the college lives of others that I see on social media. I have a desire to live their life, not the one I have here at Haverford College, sparking another reason why I wanted to center my portrait around my social media profile picture. On the other hand, I have tried to only convey my social media, "picture perfect" side to those that I meet at college, which is another reason I chose this picture. On the left side of the portrait, I then chose images of things that I enjoy doing/and are a large public part of my life. These include basketball, my family, my friends, music/concerts and nature/Haverford College. All of these are things that the people around me know I love and the things that currently represent me. Despite these being the images on my social media, the images that I show and convey to people, and the things that I center myself around, I often struggle behind closed doors with the feelings I put on the right side of my portrait: unsure, emptiness, loneliness, sadness, and fear. I chose to put these images on the other side of my body because despite the fact that I seem to be happy and center myself around the things I enjoy, I still struggle with negative emotions behind closed doors. In the time since beginning college, I have had ups and downs with both positive and negative emotions which is a large part of who I envision myself to be, despite the fact that I tend to hide my negative emotions like many do on social media.